

OCTOBER 2023

Better Breathing. Better Sleep. Better You.

apneapartners.org

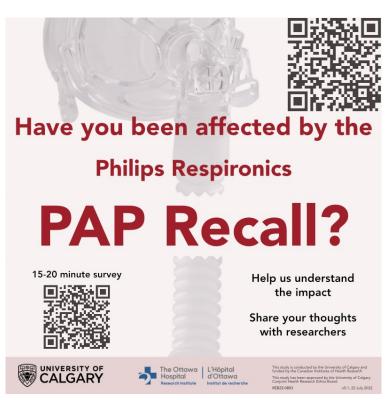
Have You Been Affected by the Recall of CPAP Devices?

Take This Online Survey.

In June 2021, Philips Respironics recalled a large number of CPAP and other positive airway pressure (PAP) medical devices over concerns about potential health risks.

Researchers from the University of Ottawa and University of Calgary are conducting a survey of patients from across the United States and Canada who have been affected by this recall.

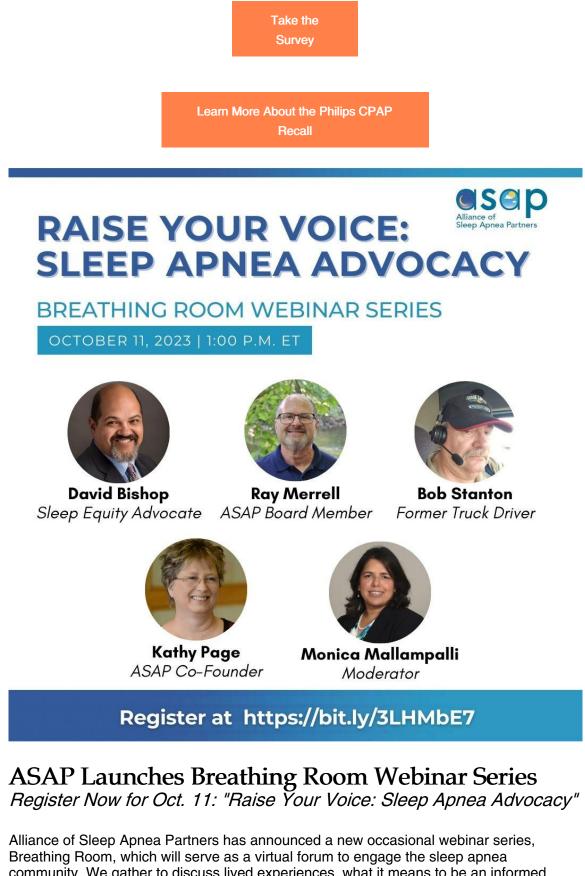
We want to hear how the recall has impacted you, assess how the recall was communicated, and gather feedback for future improvement.



To access the online survey,

scan one of the QR codes in the image above or click the button below.

The online survey will take about 15-20 minutes.



community. We gather to discuss lived experiences, what it means to be an informed patient, and how the sleep apnea community can become more involved with ASAP and in self-advocacy.

The series launches on Oct. 11 with "Raise Your Voice: Sleep Apnea Advocacy." IN this webinar, we will speak with several sleep apnea patients who will share their experiences of navigating sleep apnea diagnosis and treatment. They will also discuss the importance of patient advocacy and the power of patient voices. Click below to register now, and stay tuned for more webinars in the Breathing Room series.

Register Now!

NEWS



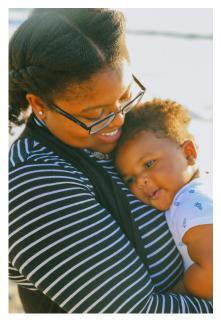
ASAP Receives AASM Foundation Community Sleep Health Grant

The Alliance of Sleep Apnea Partners has secured a grant from the American Academy of Sleep Medicine (AASM) Foundation to focus on problems created by the existing sleep apnea health

care delivery process and the challenges faced by the patient community following the Philips Respironics Positive Airway Pressure (PAP) recall.

Following the recall of the PAP devices, discussions have largely lacked the patient voice and concrete actions needed to prevent such a recall in the future. The project plans to identify gaps in care, highlight concerns of various stakeholders involved and discuss actionable grassroots support to bridge gaps in care.

Sleep apnea patients already face challenges in accessing and managing care, and the FDA recall of Philips Respironics CPAP machines has put an additional burden on the patient community. By identifying these challenges, we can begin to identify concrete actions that can not only alleviate this burden on patients, but also allow us to be better prepared in case of a future recall.



ASAP Signs On to AMCHP Letter Supporting Reauthorization of Preventing Maternal Deaths Act

The Alliance of Sleep Apnea Partners joined more than 80 other organizations this summer in signing on to the <u>Association of Maternal & Child Health Programs</u>' letter urging Congress to pass the Preventing Maternal Deaths Reauthorization Act.

In signing on to the letter, ASAP's Monica Mallampalli, PhD, noted, "Sleep apnea is under-recognized, underdiagnosed, and undertreated in pregnant women, mostly in the third and fourth trimester." Sleep apnea also is a significant risk factor for hypertension, heart disease, and diabetes.

Read the letter here.

Patient Story: Bob Stanton

Bob Stanton is a former commercial

truck driver who has become a strong advocate for sleep apnea patients, particularly those in safety-sensitive jobs, such as truck drivers and commercial pilots.

"There aren't a lot of groups fighting for patients, but patient advocacy is really important," Bob says in his new Patient Story.

Read Bob's story about his sleep apnea, CPAP therapy on the road, and more here.





President Biden's CPAP Use Puts Spotlight on Sleep Apnea and Treatment

A news story this summer about President Joe Biden's use of a CPAP machine to treat obstructive sleep apnea prompted a flurry of media coverage about OSA and CPAP, its current gold-standard treatment.

ASAP co-founder and board member Dr. Susan Redline was quoted in a Washington Post story providing an overview of sleep apnea and CPAP therapy. ASAP also issued a media release offering valuable context.

"We are thrilled to hear that the President has been proactive about his sleep health and has chosen to take action by using the CPAP therapy," said ASAP's Dr. Monica Mallampalli.

More than 30 million people in the U.S. are thought to have OSA, a chronic condition that causes a person to stop breathing periodically during sleep.

Read our press statement here.

Need Help Navigating Your Sleep Apnea Journey? Check Out ASAP's Free Online Resources



The Alliance of Sleep Apnea website, apneapartners.org, has practical resources to help you navigate your sleep apnea journey. Struggling with your CPAP device? Looking for ways to empower yourself?

Need some practical answers to common CPAP questions and experiences? Want some tips of speaking with your doctor about sleep apnea?

We can help.

Explore ASAP's <u>"Living with Sleep Apnea" resources</u> and check out our <u>free downloads</u>, including the Women & Sleep Apnea Toolkit, a Doctor Dialogue for Women, and Patient Perspectives.



We Want to Hear From You!



Do you have questions or concerns about sleep apnea? Do you have a sleep apnea story to share? Email ASAP and let us know!





Alliance of Sleep Apnea Partners | 10045 Baltimore National Pike, Ste A7 #1, Ellicott City, MD 21042

Unsubscribe info@apneapartners.org

Update Profile |Constant Contact Data Notice

Sent byinfo@apneapartners.orgpowered by



Try email marketing for free today!